UJC MAKE A MIRACLE MITZVAH DAY

Registration Materials

Let's help create miracles here in Hong Kong!

Sunday, 11th December 2022 <u>Mitzvah Day</u>

8:30 AM - 9:30 AM

- Mitzvah Day Breakfast and Kick-off at the JCC

9:30 AM - 1:00 PM

- Volunteer at one of a variety of projects*

Full details and registration information inside.

* Time of volunteering on 11th December may vary depending on activity. Full details inside.

GENERAL INFORMATION

Who Can Take Part

UJC Make a Miracle Mitzvah Day is for <u>ALL UJC MEMBERS</u>. There are activities suitable for members age 2 and up (and babies are welcome to hang out!).

Children under the age of 14 MUST be accompanied by a parent or authorized adult (e.g. a family friend).

Teens who participate are eligible to receive CAS hours.

Transportation

Bus transportation will be provided from the JCC to the Hiking Trail Clean Up and the Beach Clean Up and back to the JCC at the end of the activity.

All other activities will be held at the JCC.

REGISTRATION

Please read the volunteer activity descriptions that follow carefully.

- Some activities are suitable only for children above a certain age.
- The exact time of volunteering may vary depending on the activity.

Please complete the <u>Google Registration Form here</u> or the paper Registration Form. Registration must be submitted no later than THURSDAY, 1ST DECEMBER 2022.

- Please indicate a 1st, 2nd, and 3rd choice of volunteer activity for each family member.
- Assignment to the volunteer activities will be on a first come, first served basis.
- Some activities require a minimum number of volunteers to be viable, or have a limited number of volunteer slots. If a requested activity is cancelled or already filled, you may be placed in your 2nd or 3rd choice.
- <u>Families may volunteer together but they do not have to.</u> For example, "Mom" may go with one child to an activity and "Dad" may go with another to a different activity if that is best for the family.
- If a child under age 14 will not be accompanied by a parent we must have the name of the adult who will supervise that child.

Questions? You can email (<u>mitzvahday@ujc.org.hk</u>). Paper registrations can be submitted by snail mail, fax (2523-3961) or drop off your Registration Form to The UJC office.

MAKE A MIRACLE MITZVAH DAY VOLUNTEER OPPORTUNITIES

1. Handmade Mitzvahs

- ImpactHK Pack 300 Mini-First Aid kits to be distributed to homeless people.
- Shoe Cutting Party for Sole Hope Sole Hope provides education, medical care, and shoes to fight jigger infestations in children in Africa. You'll trace and cut materials that will be later assembled into shoes.
- Great for families this is a hands-on way for kids and adults to help.
- Materials and instructions provided. No experience needed!
- Takes place in the JCC Garden Room.
- 2. Cookie Decorating
 - For children age 2-6ish and their parents.
 - Takes place in The UJC Sanctuary.
 - Cookies will be donated to ImpactHK for their Community Centre in Tai Kok Tsui.
- 3. Hiking Trail Clean Up with Clean Up Hong Kong Trails
 - Clean up trash while hiking in the Ka Yuk Kwai Shan/Ap Lei Chau area.
 - Easy hike for adults and kids age 8+.
- 4. Beach Clean Up with The Nature Conservancy in Pak Nai
 - Suitable for families with kids age 8+ and adults.
 - Clean up will run over lunch so bring a snack.
 - Bus will return to the JCC around 1:30 PM.

Supplies Drive for Our Mitzvah Day Partners UJC Make a Miracle Mitzvah Day

ImpactHK

Our goal is to make 300 Mini-First Aid Kits for ImpactHK. In order to do this we need:

- Band-aids/plasters (need at least 900)
- Snack size zip-locking plastic bags (300)
- Alcohol wipes (at least 900)
- Small tissue packages (300)

<u>RUN</u>

RUN is a charity that supports vulnerable refugees in Hong Kong.

RUN does not always receive enough personal care items to support its clients. We want to help replenish their supplies. To do this we need:

- Lotion*
- Shampoo
- Hair conditioner
- Body wash
- Toothpaste
- Toothbrushes (adult and child size)
- Sanitary pads of all sizes
- Baby wipes
- Toilet rolls/Toilet paper



*Many of **RUN**'s clients are from equatorial Africa and suffer greatly with dry skin during the winter, so good quality lotions are especially needed.

<u>Please drop off your donations in the containers outside The UJC Sanctuary or at The</u> <u>UJC office by Friday, 9th December or bring your donation with you to the Garden Room</u> <u>on Mitzvah Day.</u>

Questions? Please email us at: <u>mitzvahday@ujc.org.hk</u>.



