

UJC  
High Holy Days

# Food Drive



## DETAILS

**DROP-OFF:**

Wednesday, 1st October or  
Thursday, 2nd October  
(at Yom Kippur services)

Bags may also be dropped off at the UJC office.

All the food collected will be donated to  
Feeding Hong Kong.

Questions? Contact us at [ujc@ujc.org.hk](mailto:ujc@ujc.org.hk)

# UJC High Holy Days Food Drive

Feed a hungry person in your community.

## Most needed food items:

Cooking Oil

(olive oil, vegetable oil, canola oil)

Canned Tuna



Canned Sardines

Canned Baked Beans



Canned Vegetables

(corn, tomatoes, carrots, peas, green beans, sprouts, mushrooms)

Dried Beans

(black beans, pinto beans, kidney beans)



Pasta



Rice

Instant Noodles

(non-fried)

Vermicelli



Seaweed  
(non-salted)

Dried Fungus

UHT Milk  
(low-fat or non-fat)

Soy Milk  
(non-sweetened)

Nuts  
(non-processed)

Sesame Powder  
(non-sweetened)

Biscuits  
(low sugar/low sodium/low fat)

Cereal  
(low sugar/low sodium/low fat)

Dried Fruits

No glass containers, please!