

UJC HIGH HOLY DAYS

FOOD DRIVE



DROP OFF:

**Sunday, 20th September or
Monday, 21st September
(at Yom Kippur services)**

Bags may also be
dropped off at
The UJC office.

All the food collected will be donated to Feeding Hong Kong.

Questions? Contact us at ujc@ujc.org.hk

UJC High Holy Days Food Drive

Feed a hungry person in your community.

Most needed food items:

Cooking Oil

(olive oil, vegetable oil, canola oil)

Canned Tuna



Canned Sardines

Canned Baked Beans



Canned Vegetables

(corn, tomatoes, carrots, peas,
green beans, sprouts, mushrooms)

Dried Beans

(black beans, pinto beans, kidney beans)



Pasta



Rice

Instant Noodles

(non-fried)

Vermicelli



Seaweed
(non-salted)

Dried Fungus

UHT Milk
(low-fat or non-fat)

Soy Milk
(non-sweetened)

Nuts
(non-processed)

Sesame Powder
(non-sweetened)

Biscuits
(low sugar/low sodium/low fat)

Cereal
(low sugar/low sodium/low fat)

Dried Fruits

No glass containers, please!